Sub-mm accuracy of accelerators: How manufacturers achieve it, how physicists verify it

Presented by Ivan A. Brezovich, PhD, at the 2015 Annual meeting of the SEAAPM, Raleigh, NC, April 24, 2015

Purpose

- To show that with modern accelerators
 - sub-mm accuracy can be readily achieved by manufacturers
 - sub-mm accuracy can be reliably maintained
- That digital systems enhance accuracy
- To suggest methods for physicists to verify accuracy
- Future improvements

What do we mean by precision?

The accelerator must accurately reproduce all parameters shown in the treatment plan

- Gantry angle, collimator angle, position of x-ray jaws, position of all 120 collimator leaves, position of treatment couch; dosimetric beam properties
- MV treatment beams match kV imaging beam
- Beam delivers planned dose

How to make an accelerator precise?

- Use precise mechanical parts
 - ball bearings for rotation (gantry, collimator, couch)
 - Rack and pinion drives (couch linear motions)
 - Screw drives (MLC carriage motions)
- Eliminate backlash
- Use precise electronic parts
- Use software corrections to compensate for mechanical inaccuracies

Even large ball bearings can be made with micron precision

Standard ball bearing



Slew bearing as used for gantry rotation **50 micron** accuracy, > 5,000 life expectancy



Design features (from manufacturer's website)

The internal configuration is a deep groove gothic arch raceway, which provides four points of contact with the balls, enabling it to carry radial, moment, and thrust loads individually or simultaneously. The use of internal diametral preload provides for greater stiffness, which combined with tightly controlled radial and axial runouts, delivers accurate repeatability. The axial **runouts are 0.001 inches** TIR and the radial runouts for locating **diameters are 0.002 inches** TIR. A separator is used to maintain consistent ball spacing interval, keep friction to a minimum, and minimize noise. Integral face riding seals are provided to assist in the exclusion of contaminants. [*TIR = total indicated runout*]

Longitudinal motion control of couch using rack and pinion drive



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Rack accuracy: 36 micron per m In-out and lateral motion of couch



Spindle (screw) drive (used for jaw motions)



Precision tools for manufacturers: Accurate to ~ I micron (10⁻³ mm)

Five-Face Master Squares

Five-Face Granite Master Squares are popular for accurately checking the X-Y-Z axes on CNC machine tools and coordinate measuring machines.

Lying in the horizontal position, the X and Y axes can be checked for 90° squareness. With the square in the vertical position, tracing along the vertical edge of the square can check the perpendicularity of the Z axis. By tracing along the top edge of the square while in the vertical position, it will check parallelism of the table in the X and Y axes to the spindle.

Five-face master squares may also be used on any work that requires the checking of squareness or parallelism.



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Dimensions		Accuracy Grade – EDP			EDP
Length x Height x Thickness		Weight		AA Laboratory .000025"/6" TIR	A Inspection
Inch	mm	Lb.	kg	(0.0006/150mm)	(0.0012/150mm)
12 x 12 x 3	300 x 300 x 75	41	19	81919	81920
14 x 14 x 3	350 x 350 x 75	56	25	81922	81923
16 x 16 x 4	400 x 400 x 100	98	44	81925	81926
24 x 24 x 4	600 x 600 x 100	220	100	81931	81932
36 x 36 x 6	900 x 900 x 150	855	388	81933	81934



From Starrett website, accessed April 3, 2015

Interferometer for accurate length measurements < 1 micron



Eliminate backlash by a second, circumferentially offset cogwheel



Avoid potentiometers and analogue readouts: not accurate for gantry angle, couch position



Limitations of analogue electronic devices:

Accuracy of potentiometers: linearity ± 0.1% when new

- ~ 1 mm error per m error in linear motion
- ~ 0.36° error in rotations of collimator or gantry

Work-around: Geared potentiometers (one for cm readout, another for sub-mm readout)

Limited lifetime of potentiometers due to scraping of wiper (frequent replacements necessary)

Analogue voltmeters difficult to read (~ 0.5%)

Analogue transducers (potentiometers), digital readouts



Avoid analogue devices – not very accurate

Analogue clocks





Go Digital! "Digital" transducer with analogue display





Pendulum clock invented by Christiaan Huygens, 1656

Single-hand clock: Digital transducer, analogue display Reading accuracy about 6 minutes ~ 1%



Two-hand clock: Digital transducer, hybrid display Reading accuracy ½ min (0.1%)



Hour-hand: digital information

Minute-hand: analogue information

King's Cross railway station, London

Go Digital! Digital encoders replace potentiometers



From Heidenhain website, accessed April 3, 2015

3-bit shaft encoder



Sector	Con- tact 1	Con- tact 2	Con- tact 3	Angle
1	off	off	off	0° - 45°
2	off	off	ON	45° - 90°
3	off	ON	ON	90° - 135°
4	off	ON	off	135° - 180°
5	ON	ON	off	180° - 225°
6	ON	ON	ON	225° - 270°
7	ON	off	ON	270° - 315°
8	ON	off	off	315° - 360°

13-bit shaft encoder (absolute encoder) Limitations: Sensitive to radiation



Incremental encoders count pulses simpler than absolute encoder, less sensitive to radiation must be initialized



Initialization of Varian MLC



Initialization of Varian x-ray jaws



"Software" correction for mechanical imprecision of imaging system. Goal: treatment beam accurately matches images

IsoCal calibration

- Collimator rotates while MV views are taken. Computer finds collimator axis from projections of marker in transmission plate mounted in wedge tray
- Gantry rotates 360°, takes 400 kV and MV views of phantom with 16 BBs at precisely known locations
- Computer finds kV and MV isocenters

Computer mechanically shifts kV and MV imaging panels to correct for flex of imaging system

Every x-ray passing through the kV isocenter strikes the kV imager at its center

Every MV-ray passing through the MV isocenter strikes the kV imager at its center

IsoCal procedure for finding kV and MV imaging isocenters



Don't take precision for granted:

Trust, but verify

Доверя́й, но проверя́й



Manufacturer-supplied phantom for planar kV imager QA tests



Manufacturer-supplied phantom for planar kV imager QA tests Cannot be used for CBCT QA



Manufacturer-supplied phantom contains one BB at center



Manufacturer-supplied QA block for CBCT and MV tests 1 central BB, 1/16" dia, 4 rods 1/16" dia, 1/8" long



Offset ink marks for initial setup

kV images of block, purposely offset by 2 cm in each direction

AP planar kV image

LAT planar kV image



Registration shows offset distances (should be 2.0 cm)



CBCT registration: Accuracy limited by artifacts of BB



Results from test:

- Lasers are accurately aligned
- kV isocenter matches TPS isocenter
- CBCT isocenter matches planar kV and TPS isocenter
- Couch moves in proper direction
- Couch moves at the proper distance (as directed from console)

Limitation: mm accuracy (not sub-mm accuracy) of CBCT isocenter due to artifacts of BBs in CT

Universal Alignment Ball (UAB) set up for morning QA





acrylic shell polystyrene foam

25.4 mm (1") diameter acrylic sphere

6.35 mm (1/4") diameter tungsten sphere





CT artifacts do not reach PMMA sphere surface

Registration of image of 25.4 mm PMMA ball with synthetic contour Mismatch of < 0.1 mm readily discernible



Precision of UAB phantom: 0.1 mm CBCT isocenter

Measurement errors and standard deviations (in mm) committed by 6 experimenters in determining shift distances of the UAB based on cone beam CT images. Data are averages over 14 shifts.

ехр	∆Vrt	ΔLng	ΔLat	V	v _{max}
1	0.000 ± 0.068	0.000 ± 0.048	0.000 ± 0.079	0.102 ± 0.044	0.158
2	0.000 ± 0.056	-0.007 ± 0.098	0.000 ± 0.059	0.121 ± 0.042	0.185
3	0.000 ± 0.066	0.000 ± 0.068	-0.007 ± 0.068	0.098 ± 0.052	0.192
4	0.000 ± 0.056	0.000 ± 0.079	-0.007 ± 0.073	0.105 ± 0.046	0.175
5	-0.007 ± 0.040	-0.007 ± 0.052	0.000 ± 0.062	0.079 ± 0.033	0.136
6	0.000 ± 0.074	0.000 ± 0.064	0.000 ± 0.076	0.100 ± 0.052	0.192
all	-0.001 ± 0.057	-0.002 ± 0.068	-0.002 ± 0.069	0.102 ± 0460	0.192



Winston-Lutz test



Daily Winston-Lutz test of MLC field 15x15 mm² using ¼" tungsten ball

1. Take MV image of ball at CBCT isocenter



4. Adjust contrast to get sharp outline of sup and inf field edges. Match edges, record shift distance



2. Adjust contrast to get sharp outline of ball



5. Adjust contrast to get sharp outline of lateral field edges Match edges, record shift distance



3. Shift contour to match ball. Record shift distance



Aperture-Isocenter misalignment = (shift vector of aperture) – (shift vector of ball)

Results of daily Winston-Lutz tests (average over 44 treatment days)

MV beam alignment measurements (in mm) taken by therapists during routine morning QA tests, averaged over 44 treatment days. Second column: Distances between the center of the tungsten ball and the MV synthetic graticule. Third column: Distances between images of MLC-defined central ray and the MV synthetic graticule. Last column: Misalignment between MLC-defined central ray and cone beam CT isocenter.

Direction	Shift distance ball (mm)	Shift distance aperture (mm)	(Shift dist aperture) – (Shift dist ball) (mm)
Vrt (Lat image)	0.080 ± 0.081	0.107 ± 0.065	0.027 ± 0.090
Lng (AP image)	0.204 ± 0.175	0.133 ± 0.117	- 0.071 ± 0.165
Lng (Lat image)	0.178 ± 0.182	0.349 ± 0.164	0.171 ± 0.165
Lat (AP image)	0.011 ± 0.080	-0.091 ± 0.072	- 0.102 ± 0.106

Future developments:

Automatic couch shifts to correct for inaccurate couch axis alignment?

Manually applied couch shifts keep target at isocenter, achieved targeting error of 0.47 \pm 0.23 mm despite 2.7 mm couch wobble



Brezovich, I.A., Pareek, P.N., Plott, W.E., Jennelle, L.S.: "Quality assurance system to correct for errors arising from couch rotation in Linac-based stereotactic radiosurgery." Int J Radiat Onc Biol Physics, 38: 883-890, 1997.

Fig. 10. Frequency distribution of targeting error R in 177 check films. R is defined as the distance between the center of the target simulator ball and the center of the circular radiation beam.



Future developments: Automatic couch shifts to correct for gantry flex?

Suggested in literature: Move collimator (or MLC) to stay aimed at isocenter Suggested by presenter: Move couch so that target stays at isocenter



Fig. 2. Due to gantry flex the beam axis shifts as the gantry is rotated.

Brezovich, I.A., Pareek, P.N., Plott, W.E., Jennelle, L.S.: "Quality assurance system to correct for errors arising from couch rotation in Linac-based stereotactic radiosurgery." Int J Radiat Onc Biol Physics, 38: 883-890, 1997.



ISO Cube Phantom

Dimensions 12 cm x 12 cm x 12 cm (4.75" x 4.75" x 4.75")



Phantom Weight	1.7 kg (3.9 lb)	
Material	Plastic Water [®]	
Fiducials	Qty: 4 Material: Ceramic Diameter: 6.35 mm	
OBI Auto- Registration Target	Qty: 1 Material: Aluminum	
Model 023 Includes	ISO Cube Daily QA Phantom	

CIRS: STE2EV phantom

STE2EV Stereotactic End-to-End Verification Phantom

Patient



CIRS website, accessed April 18, 2015

Standard imaging: MIMI Phantom



OVERVIEW SPECIFICATIONS RELATED PRODUCTS SUPPORT & FAQ

Easy Alignment, Automatic Registration

Five bone equivalent rods intersect at 90 degree angles. These rods are visible in any image or slice for automatic registration of 2D/2D and 3D/3D matching and verification of isocenter position.

Fast, Accurate Alignment Checks

- Establish mechanical stability of an image guidance system by verifying isocenter within 1 mm.
- A 6.4 mm sphere at the center of the phantom assists with virtual and physical graticule alignment checks.

Test Integrated System Accuracy of:

- 3D Cone Beam registration (CBCT, OBI, XVI) systems
- MV/kV Isocentricity



Standard Imaging website, accessed Jan 29, 2015

Standard Imaging: Lucy Phantom

End-to-End Stereotactic QA



Precise QA Throughout the Imaging Chain Quantifies variances by measuring cumulative uncertainties, from imaging to dose delivery, within 0.1mm

Standard Imaging website, accessed Jan 29, 2015

VisionRT: Calibration Phantom

- Verified coincidence of MV, kV and VRT isocenters
- Internal spheres: isocenter calibration software automatically corrects for VRT and MV isocenter mismatches
- Allows high accuracy tracking of surface at all couch rotations (*frameless SRS*)







VisionRT website, accessed Jan 29, 2015

Modus Medical Devices: QUESAR Penta-Guide Phantom

Perform true spatial alignment and coincidence tests on IGRT systems

The **QUASAR™ Penta-Guide Phantom** is used for the commissioning and daily testing of Image-Guided Radiotherapy (IGRT) systems. The **QUASAR™ Penta-Guide Phantom** ensures the accuracy of linac-mounted image guidance systems, including cone beam CT (CBCT), x-ray volumetric imaging (XVI) and on-board imaging (OBI).



Minimize imaging artifacts by making use of the Penta-Guide's low-density objects to allow for rapid and easy daily testing of:
3D cone beam registration
kV and MV system coincidence
kV and MV projection images
Laser and light field coincidence

•Remote table adjustments

Mobius Medical Systems: DoseLab WL³ Phantom



Made from Plastic Water[®] and easy to align, the WL3 phantom is designed for DoseLab's Winston-Lutz analysis. The WL3 phantom contains a hidden 5mm **ceramic** sphere at the center, which is easily revealed during MV and kV imaging. Off-set alignment markers are also incorporated, making the WL3 phantom ideal for checking IGRT coincidence accuracy.

Mobius website, accessed April 18, 2015

Mobius Medical Systems: DoseLab QA software

DoseLab Starshot Results

Summary: All tests passed

DoseLab version: 6.60 Date: July 07, 2014 Machine: Demo Only, Not Clinical File: "Starshot, Easy collimator-OD.tif" Starshot type: Not specified Performed by: Test User Tolerance set: Default

Diameter: 0.24 mm (Pass) Isocenter offset: 0.57 mm (Pass)

Note: For Test Purposes Only



MLC picket fence test evaluation





Mobius website, accessed April 18, 2015

Daily MLC test for entire field at UAB



Irregular MLC field checked with template and light field



1 mm MLC discrepancies readily discernible

Conclusions

Off-the-shelf components make it possible to **achieve** sub-mm precision and to **maintain** it almost indefinitely

Medical physicists must remain vigilant to consistently verify precision